



**NNAMIBIA UNIVERSITY  
OF SCIENCE AND TECHNOLOGY**

**FACULTY OF MANAGEMENT SCIENCES**

**DEPARTMENT OF MARKETING AND LOGISTICS**

<b>QUALIFICATION: BACHELOR OF SPORT MANAGEMENT</b>	
<b>QUALIFICATION CODE: 07BOSM</b>	<b>LEVEL: 6</b>
<b>COURSE CODE: SSP611S</b>	<b>COURSE NAME: SPORT SOCIOLOGY AND PSYCHOLOGY</b>
<b>SESSION: JUNE 2019</b>	<b>PAPER: THEORY</b>
<b>DURATION: 3 HOURS</b>	<b>MARKS: 100</b>

<b>1<sup>st</sup> OPPORTUNITY EXAMINATION PAPER</b>	
<b>EXAMINER(S)</b>	<b>Mr. John-Graftt Ndungaua (FT/PT/DI)</b>
<b>MODERATOR:</b>	<b>Mrs. T'Neil Young</b>

<p style="text-align: center;"><b>INSTRUCTIONS</b></p> <ol style="list-style-type: none"><li>1. Answer all questions.</li><li>2. Read all the questions carefully before answering.</li><li>3. Marks for each question are indicated at the end of each question.</li><li>4. This paper consist of three (3) sections, namely section A, B &amp; C.</li><li>5. Please ensure that your writing is legible, neat and presentable.</li><li>6. For section A and B, use the table below to indicate the correct answer, detach it and insert it in the exam book. Write your name and student number.</li></ol>
--

**THIS QUESTION PAPER CONSISTS OF 4 PAGES (Including this front page)**

*Boblos/2019*

Section A, Multiple Choice Questions (6 x 2 = 12)

**Multiple Choice Questions: Mark with an X to indicate your answer on the answer sheet provided on page (4), write your names, student number, detach the answer sheet and insert it in your examination booklet.**

**Question 1**

1.1 Sport Psychology can be defined as:

- a) The Science of the Social World
- b) Human Division
- c) Organizational Structures
- d) The Science of the Mind and behaviour
- e) All of the above

1.2 Sport Psychologist generally agree that the study of personality helps

- a) Understand athletes
- b) Work better with students
- c) Helps to work more effectively with co-workers
- d) All of the above
- e) None of the above

1.3 The Ginga Style known for its trickery, fast flowing, attacking style of play and it is considered as a cultural reflection of which country?

- a) Argentina
- b) Brazil
- c) El Salvador
- d) Nicaragua
- e) Honduras

1.4 What is the name of the football Style of Play adapted by Coach Karl Rappan when he was coaching Switzerland?

- a). Tango
- b). Salsa
- c). Catenaccio
- d). Rumba
- e). Samba

1.5 Another technique of soccer is called

- a) Play by Play
- b) Score an OG
- c) Kick and Dodge
- d) Pass & Hold
- e) Kick and Rush

1.6 The **DESTEP model** describes

- a) Demographic, Economic, Socio-Cultural, Technological Forces, Ecological & Political Forces
- b) Demonstration, Economic, Socio-Cultural, Technological Forces, Ecological & Political Forces

- c) Demographic, Eco nation, Socio-Cultural, Technological Forces, Ecological & Political Forces
- d) Demographic, Economic, Socio-Cultural, Technological Forces, Eco-centrally & Political Forces
- e) None of the above

**Section B, True and False Questions (6 x 2 = 12)**

**True or False questions: Mark with an X to indicate your answer on the answer sheet provided on page (4), write your names, student number, detach the answer sheet and insert it in your examination booklet.**

**Question 2**

- 2.1 Sociology this is the study of the social extraterrestrial worlds that people create, maintain, and change through their relationship with each other.
- 2.2 Health speak to a person's mental or physical condition.
- 2.3 Formal norms is all about the unwritten customs.
- 2.4 Ethnicity is the cultural heritage that people use to identify a particular population.
- 2.5 Soccer is media and media is soccer.
- 2.6 Dissability is a physical or mental condiotn that enables a person's movements, senses, or activities.

**Section C  
Questions 3 - 8**

**Question 3**

What do you understand by the term sociology, what is meant by social worlds and what is the goal of sociology? **(15 marks)**

**Question 4**

Define the Sociology of Sport **(5 marks)**

**Question 5**

Under Dominant Theories explain the following: Cultural, Structural and interactionist theories and give two examples for each **(21 marks)**

**Question 6**

Discuss Arousal, Stress and Anxiety and how each affect performance in sport **(24 marks)**

**Question 7**

Name six (6) motivation for Sport Participation in Children **(6 marks)**

**Question 8**

What is the Olympic Motto and what does it mean?? **(5 marks)**

**Section A, Question 1 Multiple Choice Questions**

#	A	B	C	D	E
1.1					
1.2					
1.3					
1.4					
1.5					
1.6					

**(6 x 2 = 12)**

**Section B, Question 2 True or False Questions**

	True	False
2.1.		
2.2		
2.3		
2.4		
2.5		
2.6		

**(6 x 2 = 12)**